

Antimicrobial Management Group

Information for all NHS Tayside staff



March 2021

Update of Primary Care Adult Empirical Treatment of Infection Guidance – key changes

1

Future reviews

The '[Primary Care Antibiotic Adult](#)' has been reviewed and updated in line with new evidence. This document will no longer have a 2 yearly review date but will work as a live document with a 'last updated' date noted at the bottom. Any changes will continue to be highlighted to prescribers.

2

Skin Section

Bites – link to helpful [assessment table](#) in new NICE guidance for cat/dog/human bites. Duration of antibiotics changed to **5 days** for treatment of infected bites and **3 days** for prophylaxis of uninfected bites. Penicillin allergy option changed in line with NICE for all bites to metronidazole + doxycycline.

Cellulitis - standard duration changed to 5 days

Fungal nail/skin infections – information on treatment on link to detailed skin infection/infestations document

Chronic wound infections – added section and linked to more detailed document on including information on appropriate swabbing and likely colonisers

Impetigo – duration of treatment reduced to 5 days. Option of hydrogen peroxide 1% cream added as per NICE guidance for localised lesions.

3

ENT Section

Oral Candidiasis – nystatin liquid re-added as an option and linked to full guidance document with additional detail

4

Respiratory Section

Bronchiectasis – new section added and linked to more detailed document about acute exacerbation. Note usual duration of treatment in these infections is 14 days, but 7 days can be given in mild exacerbations

5

Genito-Urinary Section

Uncomplicated female lower UTI – adapted SIGN 160 guidance on symptom assessment and treatment options

Bacterial Vaginosis – duration reduced to 5 days. Note: do not routinely send swabs.

Vulvovaginal Candidiasis – section added. Note: do not routinely send swabs.

'Remote Assessment and Treatment of Infections'

This document has been developed with primary care colleagues. It gives information on:

1. Settings where infections can be assessed and treated
2. Situations where remote assessment is suitable.

Full details of this can be found [here](#)

For further information or advice contact the Antimicrobial Management Team (AMT) on tay.antibioticpharm@nhs.scot