

## Acute Pain Specialist Formulary List









**\*\*Other indications for particular drugs may be included on completion of further specialist lists\*\***










For information on use of unlicensed medicines or medicines used 'off-label' - [click here](#)








**The following specialist medicines are approved for prescribing by or on the recommendation of the Acute Pain Team, a prescribing Anaesthetics specialist, or Consultant in Anaesthetics or Pain Medicine (unless otherwise specified):**





In the event of a broken link please forward details to [carol.walkinshaw@nhs.scot](mailto:carol.walkinshaw@nhs.scot)

Please include the location and full title of the link



MEDICINE	SUMMARY OF RESTRICTED INDICATION	CATEGORY	PROTOCOL
Ondansetron injection	1 <sup>st</sup> line treatment of post-operative nausea and vomiting.  Prophylaxis of post-operative nausea and vomiting.	 Red	<a href="#">NHS Tayside Guideline for prophylaxis and treatment of PONV in Adults</a> (NHS Tayside Staffnet intranet link only)
Ondansetron tablets	1 <sup>st</sup> line treatment of post-operative nausea and vomiting when oral route available.	 Amber	
Cyclizine injection	2 <sup>nd</sup> line treatment of post-operative nausea and vomiting. Prophylaxis of post-operative nausea and vomiting.	 Red	
Cyclizine tablets	2 <sup>nd</sup> line treatment of post-operative nausea and vomiting when oral route available.	 Amber	
Dexamethasone injection	Prophylaxis of post-operative nausea and vomiting.	 Red	
Droperidol injection (Xomolix®▼)	Prophylaxis of post-operative nausea and vomiting.	 Red	<a href="#">NHS Tayside Pain Management Guidelines Book</a>  <a href="#">Guidance for management of anticipated complex pain</a> (NHS Tayside Staffnet intranet links only)  <a href="#">NHS Tayside Pain Management Guidelines Book</a>
Diamorphine injection	2 <sup>nd</sup> line to morphine for use in PCA where side effects with morphine are problematic or in opiate tolerant patients.	 Red	
Fentanyl injection	1st line for use in PCA in renal insufficiency. 3 <sup>rd</sup> line to morphine for use in PCA where intolerable adverse effects with morphine.	 Red	

Fentanyl with levobupivacaine for infusion (unlicensed)	For epidural use.	 Red	<a href="#">Epidural Infusion Analgesia Policy and Management Protocols</a> (NHS Tayside Staffnet intranet links only)
Fentanyl sublingual tablets (Abstral <sup>®</sup> ▼)	Under the advice of the Acute Pain Team for acute pain on movement or dressing changes in patients unable to tolerate other opioids and where Entonox/Equanox not suitable/available (unlicensed use 'off-label').	 Red	<a href="#">Local treatment protocol for sublingual fentanyl citrate</a>  <a href="#">Treatment algorithm for Abstral<sup>®</sup> for incidental pain</a> (NHS Tayside Staffnet intranet links only)
Oxycodone modified release tablets	2 <sup>nd</sup> line to oral morphine if morphine not tolerated.  1 <sup>st</sup> line opioid for post-operative pain relief in total hip and total knee arthroplasty, and neurosurgery.  1 <sup>st</sup> line for post-operative epidural step-down in general surgery.	 Amber	<a href="#">NHS Tayside Pain Management Guidelines Book</a>  <a href="#">Oxycodone MR Stepdown</a>  <a href="#">Local treatment protocol for Oxycodone MR in acute pain setting</a> (Staffnet intranet links only)
Oxycodone injection 10mg/mL	2 <sup>nd</sup> line to morphine for subcutaneous use if morphine not appropriate under the advice of the Acute Pain Team.	 Red	<a href="#">NHS Tayside Pain Management Guidelines Book</a>
Hydromorphone m/r capsules (Palladone <sup>®</sup> SR), capsules (Palladone <sup>®</sup> )	3 <sup>rd</sup> or 4 <sup>th</sup> line opioid where standard opioids have not been tolerated under the advice of the Acute Pain Team (unlicensed use 'off-label').	 Amber	<a href="#">NHS Tayside Pain Management Guidelines Book</a> (for dose conversion chart).  <a href="#">Guideline on the use of strong opioids in chronic non-malignant pain</a> (NHS Tayside Staffnet intranet links only)
Naloxegol tablets (Moventig <sup>®</sup> ▼)	Treatment of opioid-induced constipation in adult patients who have had an inadequate response to at least four days of treatment with at least one class of laxative.	 Amber	Link to <a href="#">Local New Medicine Treatment Protocol for naloxegol</a>
Naloxone hydrochloride injection	Treatment of opioid induced itch, over-sedation and respiratory depression.	 Red	<a href="#">NHS Tayside Pain Management Guidelines Book</a>  <a href="#">Epidural Infusion Analgesia Policy and Management Protocols</a>
Pregabalin capsules	Treatment of acute neuropathic pain requiring rapid onset of effect i.e. discitis, under the advice of the Acute Pain Team. Must be reviewed in Pain Clinic after an 8 week trial prior to GP prescribing.	 Amber	<a href="#">Local treatment protocol for pregabalin in acute neuropathic pain</a> (NHS Tayside Staffnet intranet link only)
Lidocaine medicated plasters	2nd or 3rd line agent for post- herpetic neuralgia or localised neuropathic pain where standard treatment	 Amber	<a href="#">Local treatment protocol for lidocaine 5% medicated plaster in nociceptive pain</a> (NHS

	not effective or not tolerated [off-label]. Treatment of rib fracture pain, under the advice of the Acute Pain Team (unlicensed use 'off-label').		Tayside Staffnet intranet link only)  <a href="#">Tayside Protocol for Lidocaine 5% Medicated Plaster in Neuropathic Pain</a> (NHS Tayside Staffnet intranet link only) <a href="#">Lidocaine Plaster Monitoring Sheet</a>
Capsaicin cream	Treatment of acute on chronic flare up of localised neuropathic pain under the advice of the Acute Pain Team (unlicensed use 'off-label')	 Amber	
Ketamine infusion ( <b>use only under advice of Pain Team or a Consultant Anaesthetist / Consultant in Pain Medicine</b> )	Management of acute pain in patients with chronic pain in whom multimodal therapies are not providing adequate pain relief, or are producing intolerable side-effects (unlicensed use 'off-label'). Patients with acute pain who are developing neuropathic pain (unlicensed use 'off-label').	 Red	Guidelines for the use of ketamine infusion in acute pain from the <a href="#">NHS Tayside Pain Management Guidelines Book</a>  <a href="#">Guidance for management of anticipated complex pain</a> (NHS Tayside Staffnet intranet links only)
Lidocaine infusion ( <b>use only under advice of Pain Team or a Consultant Anaesthetist/ Consultant in Pain Medicine</b> )	Acute pain in patients with chronic pain (unlicensed use 'off-label').  Intractable neuropathic pain not responding to other options (unlicensed use off-label').	 Red	Lidocaine infusions in the management of neuropathic pain from the <a href="#">NHS Tayside Pain Management Guidelines Book</a>  <a href="#">Guidance for management of anticipated complex pain</a> (NHS Tayside Staffnet intranet links only)
Clonidine injection	<b>Restricted to use by Anaesthetists only</b> for acute pain in patients with chronic pain or opioid tolerance not responding to other treatment options. (unlicensed use 'off-label').	 Red	
Calcitonin injection	Treatment of phantom pain unresponsive to other agents, under the advice of the Acute Pain Team (unlicensed use 'off-label').  Acute neuropathic pain in patients with chronic pain or in complex regional pain syndrome 2 <sup>nd</sup> line to ketamine infusion under the advice of the Acute Pain Team (unlicensed use 'off-label').	 Red	<a href="#">Local treatment protocol for salmon calcitonin</a> (NHS Tayside Staffnet intranet link only)
Ascorbic acid	Prevention of chronic regional pain syndrome (CRPS) in trauma patients with chronic pain under the advice of the Acute Pain Team (unlicensed use 'off-label')	 Amber	<a href="#">Local protocol for the use of ascorbic acid in prevention of CRPS</a> (NHS Tayside Staffnet intranet link only)
Fentanyl patch	For post-operative epidural step-down in general surgery where patients remain nil by mouth under the advice of the Acute Pain Team.	 Red	<a href="#">Guideline for the use of transdermal fentanyl patch for epidural stepdown analgesia</a> (NHS Tayside Staffnet intranet link only)

Levobupivacaine infusion or injection	For epidural use where fentanyl is not required in the epidural solution.  Peripheral nerve blocks or wound soakers (local infiltration analgesia).	 Red	<a href="#">Epidural Infusion Analgesia Policy and Management Protocols</a>  <a href="#">NHS Tayside Pain Management Guidelines Book</a> (NHS Tayside Staffnet intranet links only)
Ropivacaine hydrochloride infusion or injection	Intra-articular peripheral nerve blocks or nerve catheters.	 Red	<a href="#">NHS Tayside Pain Management Guidelines Book</a>
Ephedrine hydrochloride injection or tablets	Treatment of hypotension in patients on epidurals (tablets – unlicensed use ‘off-label’)	 Red	<a href="#">Local treatment protocol for the use of oral ephedrine</a>  <a href="#">Epidural Infusion Analgesia Policy and Management Protocols</a>
Glycopyrronium bromide injection	Treatment of bradycardia in patients on epidurals	 Red	<a href="#">Epidural Infusion Analgesia Policy and Management Protocols</a>

#### Traffic light status information

 Red	To be prescribed by Hospital Specialists Only.
 Amber	Can be prescribed in General Practice under the direction of a Specialist.

Updated: 21<sup>st</sup> September 2018