

## Chronic Pain Specialist formulary list








**\*\*Other indications for particular drugs may be included on completion of further specialist lists\*\***






For information on use of unlicensed medicines or medicines used 'off-label' - [click here](#)

**The following specialist medicines are approved for prescribing by or on the recommendation of the Chronic Pain Team:**



In the event of a broken link please forward details to [carol.walkinshaw@nhs.scot](mailto:carol.walkinshaw@nhs.scot)

Please include the location and full title of the link

MEDICINE	SUMMARY OF RESTRICTED INDICATION	CATEGORY	PROTOCOL
Hydromorphone modified-release capsules (Palladone®SR)	Severe chronic pain unresponsive to standard opioids.	 Amber	<a href="#">Guideline on the use of Strong Opioids for Chronic Non-malignant Pain</a> (Staffnet intranet link)
Capsaicin patch (Qutenza®)	For peripheral neuropathic pain either alone or in combination with other medicinal products for pain. Restricted to patients who have not achieved adequate pain relief from, or have not tolerated, conventional first, second, and third line treatments.	 Red	<a href="#">Tayside Guidance : Management of neuropathic pain</a>
Ketamine oral solution 50mg/5mL (unlicensed)	Neuropathic pain in patients not responded to standard therapies on advice of the Pain team or a Consultant in Pain Medicine.	 Red	<a href="#">Local treatment protocol</a> (NHS Tayside Staffnet intranet link only)
Ketamine infusion (unlicensed use 'off-label')	Management of acute pain in patients with chronic pain in whom multimodal therapies are not providing adequate pain relief, or are producing intolerable side-effects.  Patients with acute pain who are developing neuropathic pain.	 Red	Guidelines for the use of ketamine infusion in acute pain from the <a href="#">NHS Tayside Pain Management Guidelines Book</a> (NHS Tayside Staffnet intranet link only)
Lidocaine medicated plasters	2nd or 3rd line agent for post- herpetic neuralgia or localised neuropathic pain where standard treatment not effective or not tolerated [off-label].	 Amber	<a href="#">Local treatment protocol</a> (NHS Tayside Staffnet intranet link only)  <a href="#">Lidocaine Plaster Monitoring Sheet</a>
Lidocaine infusion (unlicensed use 'off-label')	Neuropathic pain on advice of the Pain team or a Consultant in Pain Medicine.	 Red	Lidocaine infusions in the management of neuropathic pain from the <a href="#">NHS Tayside Pain Management Guidelines Book</a> (NHS Tayside Staffnet intranet link only)
Memantine tablets, oral solution	Restricted to use in patients who are intolerant or don't respond to 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> line systemic therapies and topical	 Amber	<a href="#">Local treatment protocol for memantine in neuropathic pain</a> (NHS Tayside Staffnet

	therapies or where these therapies are cautioned or contra-indicated or in complex pain with poor opioid response and likely NMDA antagonist response [off-label]		intranet link only)
Methadone tablets	Severe chronic pain unresponsive to standard opioids.	 Amber	<a href="#">Guideline on the use of Strong Opioids for Chronic Non-malignant Pain</a> (Staffnet intranet link)
Tapentadol prolonged-release tablets (Palexia®SR) (Note – tapentadol immediate-release tablets are not recommended for use)	Severe chronic pain where morphine sulphate is not tolerated due to gastrointestinal adverse effects under the direction of the Pain Clinic.	 Amber	<a href="#">Tapentadol Dose Conversion Chart</a>  <a href="#">Guideline on the use of Strong Opioids for Chronic Non-malignant Pain</a> (Staffnet intranet link)
Naloxegol tablets (Moventig®)	Treatment of opioid-induced constipation in adult patients who have had an inadequate response to at least four days of treatment with at least one class of laxative.	 Amber	Link to <a href="#">Local New Medicine Treatment Protocol for naloxegol</a>
Naldemedine (Rizmoic®▼) tablets	Prescribed under the direction of a specialist for treatment of opioid-induced constipation in adult patients who have previously been treated with first line osmotic and stimulant laxatives at maximum tolerated doses (including docusate and bisacodyl) and have had an inadequate response	 Amber	<a href="#">Naldemedine Local Treatment Protocol</a>
Ascorbic acid tablets	Prevention of chronic regional pain syndrome (CRPS) in trauma patients with chronic pain under the advice of the Pain Team (unlicensed use 'off-label')	 Red	<a href="#">Local protocol for the use of ascorbic acid in prevention of CRPS</a> (NHS Tayside Staffnet intranet link only)

#### Traffic light status information

 Red	To be prescribed by Hospital Specialists Only.
 Amber	Can be prescribed in General Practice under the direction of a Specialist.

For contact numbers and further local information see the [NHS Tayside Pain Service website](#) (NHS Tayside Staffnet intranet link only).

[Click here](#) for guidance within the formulary on the Management of Neuropathic Pain.

Healthcare professionals should signpost patients to non-pharmacological self-management resources, identified and recommended by local pain services. Self-management resources should be considered in all patients as an adjunct to treatment with any analgesics in the treatment of patients with chronic pain.

Updated: 4th June 2024