

## Obstetrics and Gynaecology Specialist Formulary List









**\*\*Other indications for particular drugs may be included on completion of further specialist lists\*\***











For information on use of unlicensed medicines or medicines used 'off-label' - [click here](#)

**The following specialist medicines are approved for prescribing by or on the recommendation of a prescribing obstetrics or gynaecology specialist:**

### Gynaecology Specialist Medicines













In the event of a broken link please forward details to [carol.walkinshaw@nhs.scot](mailto:carol.walkinshaw@nhs.scot)  
Please include the location and full title of the link

MEDICINE	SUMMARY OF RESTRICTED INDICATION	CATEGORY	PROTOCOL
Oxybutynin tablets, patches	Treatment of overactive bladder (OAB) in adults on the advice of Urology/Uro-gynaecology	 Amber	
Spironolactone	Hirsutism in postmenopausal women (unlicensed: off-label)	 Red	
Metformin	Polycystic ovary syndrome (unlicensed: off-label)	 Amber	<a href="#">NICE Evidence summary: ESUOM6 Polycystic ovary syndrome: metformin in women not planning pregnancy (unlicensed/off-label medicines)</a>
Progesterone (Utrogestan® - micronised progesterone, 100mg oral capsules)	2nd line for endometrial protection as part of HRT in women with an intact uterus taking oestrogen under direction of Tayside Menopause clinic	 Amber	<a href="#">Utrogestan® (micronised progesterone protocol) Treatment Protocol</a> (Staffnet intranet link)
Progesterone (Utrogestan® - micronised progesterone, 200mg vaginal capsules)	Prevention of recurrent miscarriage	 Amber	<a href="#">NHS Tayside guideline Progesterone for threatened miscarriage</a> (Staffnet intranet link) <a href="#">NICE Guidance 126. Ectopic pregnancy and miscarriage: diagnosis and initial management.</a>
Cyproterone acetate	Hirsutism in postmenopausal women (unlicensed: off-label)	 Red	
Finasteride	Hirsutism in postmenopausal women (unlicensed: off-label)	 Red	
Clomifene	Anovulatory infertility	 Amber	<a href="#">NICE CG156 Fertility: Assessment and treatment for people with fertility problems</a>





Goserelin (Zoladex® 3.6mg implant)	Endometriosis, endometrial thinning prior to ablation or resection, uterine fibroids in conjunction with iron therapy prior to surgery  Ovarian stromal hyperthecosis (unlicensed: off-label)	 Amber	
Triptorelin (Decapeptyl® SR) 3mg or 11.25mg injection	Alternative to goserelin for endometriosis	 Amber	
Tranexamic Acid Injection	Heavy menstrual bleeding	 Red	<a href="#">NHS Tayside Heavy Menstrual Bleeding Pathway</a> (Staffnet intranet link) <a href="#">NICE Heavy menstrual bleeding NG88</a>
Methotrexate intramuscular injection	Ectopic pregnancy (unlicensed: off-label)	 Red	<a href="#">NHS Tayside Tubal Ectopic Pregnancy and Pregnancy of Unknown Location</a> (Staffnet intranet link)
Mifepristone	Medical termination of pregnancy  Medical management of miscarriage	 Red	NHS Tayside Guidance for medical termination of pregnancy
Misoprostol	Induction of medical abortion (unlicensed: off-label)  Medical management of miscarriage (unlicensed: off-label)	 Red	Refer to appropriate NHS Tayside policy for medical management of miscarriage
Imiquimod	Vulval Intraepithelial Neoplasia (unlicensed: off-label)	 Amber	NHS Tayside Imiquimod letter to GP and PIL
Tamoxifen	Anovulatory infertility	 Amber	
Letrozole	Anovulatory infertility (unlicensed: off-label)	 Red	
Testosterone gel	Under the direction of menopause specialists within Sexual & Reproductive Health for selected post-menopausal women with low sexual desire where HRT alone is not effective and after other causes have been excluded [off-label] in accordance with local treatment protocol.	 Amber	<a href="#">Local Treatment Protocol: Testosterone in menopausal women with low sexual desire</a>

## Obstetric Specialist Medicines











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MEDICINE	SUMMARY OF RESTRICTED INDICATION	CATEGORY	PROTOCOL
Progesterone (Utrogestan® - micronised progesterone, 200mg vaginal capsules)	Prevention of recurrent miscarriage (unlicensed: off-label)	 Amber	Utrogestan® (micronised progesterone) protocol (awaiting link) <a href="#">NICE Guidance 126. Ectopic pregnancy and miscarriage: diagnosis and initial management.</a>
Mifepristone	Intrauterine Fetal Demise	 Red	<a href="#">NHST Guidance on the Management of Induction of Labour for Intrauterine Fetal Demise</a>  <a href="#">RCOG Late Intrauterine Fetal Death and Stillbirth Guideline No.55</a>
Misoprostol (unlicensed:off-label)		 Red	
Cabergoline	Suppression of lactation following stillbirth	 Red	<a href="#">RCOG Late Intrauterine Fetal Death and Stillbirth Guideline No.55</a>
Ferric Carboxymaltose (Ferinject)	Treatment of anaemia in ante-natal patients	 Red	<a href="#">NHST Anaemia in pregnancy guideline</a>
Iron sucrose (Venofer)	Treatment of anaemia in post-natal patients	 Red	<a href="#">NHST Anaemia in pregnancy guideline</a>
Ursodeoxycholic acid	Pruritus of pregnancy due to intrahepatic cholestasis (unlicensed: off-label)	 Red	<a href="#">RCOG Obstetric Cholestasis Green-top Guideline No.43</a>
Prednisolone tablets	Hyperemesis gravidarum	 Amber	<a href="#">RCOG Management of Nausea and Vomiting in Pregnancy Guideline No.69</a> <a href="#">NHST Hyperemesis Gravidarum</a>
Hydrocortisone injection		 Red	
Labetalol tablets	Hypertension in pregnancy. 1 <sup>st</sup> line (used in combination with nifedipine if required).	 Amber	<a href="#">NICE CG133 Hypertension in Pregnancy</a>  <a href="#">NHST Management of Hypertensive Disorders in Pregnancy</a>
Labetalol injection		 Red	
Hydralazine injection	2 <sup>nd</sup> line injection for hypertension in pregnancy or 1 <sup>st</sup> line when labetalol is contra-indicated	 Red	



Methyldopa	Pregnancy induced hypertension restricted to the Cardiovascular Risk and Obstetric clinics. 3 <sup>rd</sup> line.	 Red	
Nifedipine MR	Hypertension in pregnancy in combination with labetalol (unlicensed: off-label)	 Amber	
	Inhibition of uncomplicated premature labour between 24 and 33 weeks of gestation	 Red	<a href="#">NHST Preterm Labour Investigation and Management guideline</a>
Domperidone	Augmentation of Lactation (unlicensed: off-label)	 Amber	NHS Tayside Guideline Improving breast milk supply
Magnesium Sulfate injection	Pre-eclampsia	 Red	<a href="#">NICE CG107 Hypertension in Pregnancy</a>
	Eclampsia		<a href="#">NHST Management of Hypertensive Disorders in Pregnancy</a>
	Prevention of adverse neurological outcomes in neonates following pre-term birth (unlicensed: off-label)		<a href="#">NHST Preterm Labour Investigation and Management guideline</a> <a href="#">RCOG Antenatal Corticosteroids to Reduce Neonatal Morbidity and Mortality No.74</a>
Betamethasone (as sodium phosphate) injection 4mg/mL 1 <sup>st</sup> line	Preterm labour – to reduce the incidence of neonatal respiratory adverse outcomes (unlicensed: off-label)	 Red	<a href="#">NICE NG25 - Preterm labour and birth</a>
Dexamethasone (as sodium phosphate) injection 4mg/mL 2 <sup>nd</sup> line		 Red	<a href="#">NHST Preterm Labour Investigation &amp; Management guideline</a>
Dinoprostone pessaries (Propess® )	Induction of labour	 Red (may be used by community midwives)	<a href="#">NHST Induction of Labour</a>
Ergometrine with oxytocin (Syntometrine®) injection	Active management of third stage of labour	 Red (may be used by community midwives)	<a href="#">NHST Induction of Labour</a>
	Prevention and treatment of postpartum haemorrhage		
Oxytocin injection	Induction or enhancement of labour	 Red (may be used by community midwives)	<a href="#">NHST Induction of Labour</a>
	Active management of third stage of labour (unlicensed: off-label)		<a href="#">NHST Postpartum Haemorrhage</a>
	Prevention and treatment of postpartum haemorrhage		

Ergometrine injection	Postpartum haemorrhage	 Red (may be used by community midwives)	<a href="#">NHST Postpartum Haemorrhage</a>
Carboprost Injection	Severe postpartum haemorrhage unresponsive to ergometrine and oxytocin	 Red	<a href="#">NHST Postpartum Haemorrhage</a>
Tranexamic Acid Injection	Post partum haemorrhage	 Red	<a href="#">NHST Postpartum Haemorrhage</a>
Terbutaline subcutaneous injection	Hyperstimulation in labour (unlicensed: off-label)	 Red	<a href="#">NHST Induction of Labour</a>

### Assisted Conception Unit (ACU) Specialist Medicines

MEDICINE	SUMMARY OF RESTRICTED INDICATION	CATEGORY	PROTOCOL
Choriogonadotrophin alfa (HcG) injection (Ovitrelle®)	Infertility treatment (under specialist supervision – Assisted Conception Unit)	 Red	
Follitropin alfa pre-filled pen for subcutaneous injection (Bemfola®)	Infertility treatment (under specialist supervision – Assisted Conception Unit). 1st line	 Red	Brand name must be stated on prescriptions for follitropin alfa.
Follitropin alfa pre-filled pen injection (Gonal-F®)	Infertility treatment (under specialist supervision – Assisted Conception Unit). 2 <sup>nd</sup> line	 Red	Brand name must be stated on prescriptions for follitropin alfa.
Menotrophin (human menopausal gonadotrophins) injection (Menopur®)	Infertility treatment (under specialist supervision – Assisted Conception Unit)	 Red	
Goserelin (Zoladex® 3.6mg implant)	Pituitary desensitisation before induction of ovulation by gonadotrophins for <i>in vitro</i> fertilisation (under specialist supervision)	 Red	
Buserelin 150 micrograms/dose nasal spray, injection (Suprecur®)	Infertility treatment (under specialist supervision – Assisted Conception Unit)	 Red	
Cetrorelix (Cetrotide®) injection	Infertility treatment (under specialist supervision – Assisted Conception Unit)	 Red	
Cabergoline	Modify ovarian hyperstimulation during infertility treatment (unlicensed: off-label)	 Red	
Progesterone Vaginal Gel 8% (Crinone®)	Infertility treatment (under specialist supervision – Assisted Conception Unit). 1 <sup>st</sup> line	 Red	
Progesterone pessary (Cyclogest®)	Infertility treatment (under specialist supervision – Assisted Conception Unit). 2 <sup>nd</sup> line	 Red	

Progesterone solution for injection 25mg (Lubion®)	Infertility treatment (under specialist supervision – Assisted Conception Unit). 3 <sup>rd</sup> line	 Red	
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Traffic light status information	
 Red	To be prescribed by Hospital Specialists Only.
 Amber	Can be prescribed in General Practice under the direction of a Specialist.

Updated: April 2023