

Zonisamide (Zonegran) – twice daily dosing

Dosing Guide:

Week 1	25mg nocte
Week 3	25mg bd
Week 5	50mg bd
Week 7	50mg mane, 100 mg nocte
Week 9	100mg bd thereafter

If a patient develops a rash while taking zonisamide, the drug should be discontinued. Other adverse effects include: dizziness, ataxia, somnolence, nausea, anorexia, agitation, insomnia, and cognitive problems (e.g., confusion, difficulty in concentration, and speech abnormalities).

Combination use with topiramate could increase risk of renal stone formation. Patients should be advised to drink 6 to 8 glasses of water per day to minimize kidney stone formation and should be warned to report any unusual back or loin pain and any change in urine colour.

Zonisamide (Zonegran) capsules – once daily dosing

Dosing Guide:

Week 1	100mg once daily
Week 3	200mg once daily
Week 5	300mg once daily

Two further dose increases of 100mg/day can be made on a fortnightly basis depending on response (maximum 500mg/daily).

If a patient develops a rash while taking zonisamide, the drug should be discontinued. Other adverse effects include: dizziness, ataxia, somnolence, nausea, anorexia, agitation, insomnia, and cognitive problems (e.g., confusion, difficulty in concentration, and speech abnormalities).

Combination use with topiramate could increase risk of renal stone formation. Patients should be advised to drink 6 to 8 glasses of water per day to minimize kidney stone formation and should be warned to report any unusual back or loin pain and any change in urine colour.

Zonisamide withdrawal:

Withdraw by 50mg a week