

GASTRO-ENTERITIS in ADULTS

Clinical condition	Comments
Campylobacter	No antibiotics usually required. Frequently self-limiting If patient is immunocompromised, elderly or has prolonged symptoms consider: clarithromycin 500mg bd for 5 days (7 days if hospitalised with severe disease as per ID advice only) (check for drug interactions)
Salmonella or Shigella	Seek specialist advice
Norovirus, Rotavirus	No antibiotic treatment
E.coli O157/Shiga toxin producing E.coli (aka STEC, VTEC, STX 1/2)	Seek specialist advice as antibiotics may precipitate Haemolytic Uraemic Syndrome

ADULT RETURNING TRAVELLER

Clinical condition	Comments
Diarrhoea	Stool sample essential – for PCR, culture and microscopy (including ova and cysts). For any info on interpretation of results contact Microbiology If clinical symptoms persist, consider referral to Infectious Diseases service for advice via email tay.id@nhs.scot