

Managing infections in Primary Care

Think..... POP STAR for every person, every time!



Policies

Access resources and guidance effortlessly!

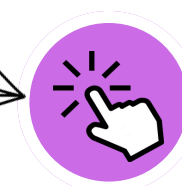
NHST antimicrobial website has extensive guidance, including a new primary care section with quick links! Explore the '5 Rights' of antimicrobial stewardship through our infographics on the top banner!



Optimising diagnostics

Test wisely, treat effectively!

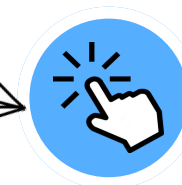
Appropriate and timely tests ensure precise prescribing. Check out UTI GEMS document for advice on diagnostic strategies.



Previous results

History holds the key!

Always consider previous microbiology results and sensitivities when prescribing antimicrobials. Keep an 'eye' out for 'I' (for increased dose) on reports.



Shorter is better

More isn't always better - think short!

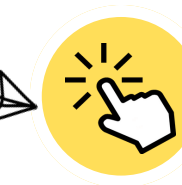
Shorter antibiotic courses can be just as effective. Check our local guidance for recommended durations. Practices can also set up default short durations for common infections.



Target toolkit resources

More isn't always better - think short!

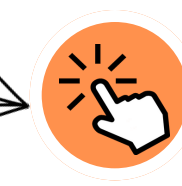
The RCGP Target toolkit offers excellent resources for patient self-care and symptom duration education. Explore what might benefit your practice!



Assessment & allergy

Assess remotely when suitable, and always check allergies!

Remote or alternative setting assessments may be appropriate. Check our local guidance, and ensure allergies are well documented every time.



Review repeat prescriptions

Reduce resistance, review regularly!

Long-term and frequent courses heighten resistance risks. Review UTI prophylaxis at 3 months, aiming to stop by 6 months. NHST Respiratory MCN also provides guidance on rescue packs.

