

Quick Reference Guide

The following is a guide to causation and management in behaviour which challenges the delivery of care of patients with Dementia or delirium. In both conditions the person may display Stress and Distress including; aggression, agitation, wandering, anxiety, irritability, loud and/or repetitive vocalisation, apathy, repetitiveness, uncooperativeness, sexual disinhibition, inappropriate urination/defaecation, disturbed sleep, sundowning etc.

This guide has been designed to be used by all care staff to assist in the management of symptoms and to eliminate possible causes for changes in emotions, behaviour and functioning. It should be referred to in the first instance, prior to utilising sedating medication or referring to the appropriate services.

